

R60 RECUMBENT BIKE



Featuring a step-through frame and Comfort Arc seat with lumbar support, the R60 is built for comfort and convenience.

- Step-through frame enhances accessibility
- Self-powered generator system offers placement versatility
- Self-balancing pedals with adjustable straps accommodate multiple users
- Convenient accessory tray provides ample storage space for gadgets and gear
- Wireless receiver and contact grips enable heart rate training
- Heavy-gauge welded steel frame enhances stability and durability
- Bright LED display is readable at any angle

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FRAME	Heavy-gauge welded steel
RESISTANCE SYSTEM & RANGE	Two-stage self-generating, 1 - 25
HEART RATE	Contact grips, wireless receiver
HANDLEBARS	Console and seat-mounted with contact heart rate grips
PEDALS	Self-balancing with adjustable straps
SEAT	Comfort Arc with adjustable lumbar control
SEAT ADJUSTMENT	Fore/Aft
DRIVE SYSTEM	Poly-V, 3-piece crank
FLYWHEEL	Generator
DIMENSIONS (L X W X H)	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"
PRODUCT WEIGHT	70 kg / 154 lbs.
USER WEIGHT CAPACITY	182 kg / 400 lbs.
STANDARD FEATURES	Reading rack and bottle holder



CONSOLE

DISPLAY TYPE	10x14 dot-matrix LED profile display, 16 alphanumeric LEDs with scrolling feedback, 4 customizable feedback LEDs and HR zone display
WORKOUT FEEDBACK	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, Heart Rate, Target HR, % Max HR, Profile
PROGRAMS	Classic (Manual, Interval, Fat Burn, Random), Watts (Constant Watts, Interval Watts, Hill Watts), Goal (Time Goal, Distance Goal, Calories Goal), HRT (HRT Weight Loss, HRT Interval) - 12 total



Comfort Arc seats provide the ideal amount of cushioning and support allowing you to pedal for miles in comfort.