





The Spirit Fitness SXS895 Adjustable Incline Stepper provides you with an arched incline adjustment that changes not only the stepping incline but also the height. Fine tune your stepping motion with 20 incline adjustments from a 10" step height at 43° to a 14" step height at 60°. The additional 20 levels of resistance allow users of all fitness levels to maximize this effective lower body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and multi-grip handlebar design combine to give you an incredibly comfortable and space-efficient cardio unit.

5X5895 ADJUSTABLE INCLINE STEPPER

- 20 Resistance levels and 20 incline adjustments from a 10" step height at 43° to a 14" step height at 60° deliver the ultimate lower body workout.
- 7.5" Bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays.
- Remote Handlebar Toggles for both Incline and Resistance allow for fast and easy workout changes without taking your hands off the handlebar pulse grips.
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter not included).
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment.
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data.



CONSOLE



As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: adjustable console angle, muscle and heart rate LED profiles, tablet friendly reading rack, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.



5X5895 EQUIPMENT SPECIFICATIONS

	Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Not Included
Incline	20 Levels (10" Step Height at 43° to 14" Step Height at 60°)
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7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet Friendly Reading Rack,

Resistance

Console

Yes (Incline & Resistance) **Handlebar Toggles**

120 Volts, 15-Amp Circut Recommended **Power**

10.4kg (23lbs) **Flywheel**

Multi Position Grip - Coated **Handle Bars**

Foot Pedals Oversized and Padded

1372 x 610 x 1727mm (54" x 24" x 68") **Dimensions**

93kg (205lbs) **Net Weight** 181kg (400lbs) Max User Weight