7.0 AT
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ENGINEERED FOR A BETTER CONNECTED FITNESS EXPERIENCE

Bring the studio home with exclusive features that support streaming workouts. Simply connect your phone or tablet via Bluetooth and stream media through the integrated speakers. Easily keep pace with your favorite running classes using convenient QuickDial controls and one touch interval keys. And you'll never fall out of step again, thanks to the RapidSync™ drive system that takes you from walking to running faster than any other treadmill in its class.
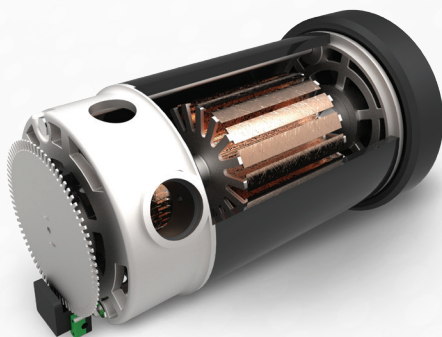
Bluetooth®

TREADMILL SPECS	
FRAME	FeatherLight Folding
RUNNING AREA	50 cm x 152 cm / 20" x 60"
CUSHIONING	Variable Response Cushioning
MOTOR	3.0 HP with Rapid Sync Technology
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph
INCLINE RANGE	0 – 15%
DIMENSIONS (L × W × H)	193 x 88 x 168 cm / 76" x 35" x 66"
USER WEIGHT CAPACITY	147 kg / 325 lbs.

CONSOLE SPECS	
DISPLAY	7.8"High Contrast LCD Screen, 4 High Contrast LED Windows
CONNECTIVITY	Bluetooth 4.0 FTMS + Bluetooth Audio
WORKOUT FEEDBACK	Time, Distance, Calories, Speed, Incline, Heart Rate
PROGRAMS	8 - (Manual, Distance, Calories, Fat Burn, Hill Climb, Target HR, My First 5K, Custom)
HEART RATE	Contact Hand Grips, Bluetooth Wireless Receiver
EXTRAS	Bluetooth Speakers, Fan, USB Charging (1A/5V), Speed & Incline QuickDial Controls, Custom Interval Keys, Energy Saver Mode, Bottle Holder, Audio In/Out Jack, Tablet Holder

33% FASTER
SPEED & INCLINE CHANGES

RAPID SYNC MOTOR ADVANTAGE

Perfect for HIIT workouts, Johnson motors featuring Rapid Sync Technology respond to changes in speed and incline faster than traditional home treadmill drive systems. With no lags or delays between interval changes, you'll never fall out of step with your fast-paced workout class again.

CONVENIENT QUICKDIAL CONTROLS

Designed for streaming fitness classes and interval workouts, Horizon's exclusive QuickDial controls simplify speed and incline changes. On the right, roll the dial forward to increase speed and roll it back to decrease speed. On the left, roll it forward to go up the hill and roll it back to come back down.

Specifications subject to change without notice.