

BODYCRAFT

The Art and Science of Movement

SPX



CODE: ASPX

SMOOTH CYCLING FOR LIFE

In the gym or in your home, the SPX Indoor Training Cycle is unsurpassed in construction and value. Our most economical option of all our Indoor Cycles, the *BODYCRAFT* SPX does not compromise quality. With our patented brake-pad resistance, precision sealed SKF Bearings, and quiet, maintenance-free drive belt, the SPX will give you an enjoyable, ultra smooth, low-impact ride for years to come.

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Specifications

Frame	Heavy Duty Steel Frame with a Multi-Phase Coat/Paint process that prevents rust and corrosion. Featuring a 4 point contact with adjustable Levelers and Ball Bearing Transport Wheels.
Flywheel	SKF Precision Sealed Bearings, 46 lb. (21 kg.) Precision Balanced Perimeter Weighted Flywheel.
Drive	Direct Drive maintenance-free Hutchinson® Automotive grade Kevlar® reinforced Drive Belt.
Resistance	Patented Friction-Brake for extra-smooth performance controlled by a Micro-adjust Knob.
Lower Bottom Bracket	Precision SKF Sealed Bearings and Case Hardened Shaft.
Crank Assembly	Three piece cold-forged steel, 175 mm Crank Arms. Narrow 175 mm Q-factor.
Pedals	9/16" Aluminum Alloy dual sided Pedals with Toe Cage. <i>Optional SPD Pedals available.</i>
Saddle Post / Handlebar Stem	Stainless Steel. Infinite Fore and Aft adjustments with Scale.
Saddle	Fully Adjustable High Performance Racing Saddle.
Handlebar	Multi-Grip: Aero, Cross, and Bull-Horn grip positions.
Power Requirements	N/A. Optional computer is battery operated.
User Weight Capacity	300 lbs (136 KG).
Assembled Dimensions/Weight	43" L x 24" W x 47" H (110 cm L x 61 cm W x 120 cm H) / 122 lbs. (55 kg.)
Boxed Dimensions/Weight	44" L x 10" W x 38" H (112 cm L x 26 cm W x 97 cm H) / 133 lbs. (60 kg.)

Optional Computer Monitor Feedback

Optional Computer features a wireless pick-up sensor for easy installation.

Displays: Speed (MPH/KPH), Distance (M/KM), Calories, RPM, Time and Pulse*

*Optional Polar® compatible Heart Rate Belt required.

Features Quickstart and Programmable Time and Distance goals. Display includes a backlight and powers down automatically to conserve battery life.



Optional SPD Pedals



Optional Computer